



KEEPING IN TOUCH

SEPTEMBER 2020

Looking forward to Summer!

Please welcome 2 new Members to the Club, Bec Smith and Peter Green. Both swimmers have jumped straight into regular training sessions since they joined, and we are very happy to see them enjoying themselves. Kingfishers have 57 Swimming Members and 10 Social Members this season.

Continuing Covid-19 Regulations and Directives

We are now required as a Club by the ARC to provide our own Covid Marshall at each training session. Each Covid Marshall is required to complete an on-line course and email their certificate to Janice Gill.

Jan has established a roster and the designated Covid Marshall of the day will be responsible for disinfecting the trolley, pens and folder etc. prior to Members signing in. The Marshall will also remind us that we need to maintain social distancing.

The club will amend Covid-19 procedures as regulations change.

Remember: - if you feel unwell, please do not come to training and take appropriate actions to keep yourself safe.

Training Times, Venues and dates

Waterworld has announced they will open on 13th October.

We have not been notified the date we will commence training, but we will keep members informed via Facebook and email.

We will have 2 lanes for training Monday, Wednesday and Friday at Waterworld, and 2 lanes on Saturday morning at the ARC.

Upcoming Events

Sunday 13th September
Short Course State Cup
(SA Aquatic and Leisure Centre)

Sunday 1st November
Long Course Long Distance Meet
(SA Aquatic and Leisure Centre)
Entries close 16th October

Sunday 15th November
Endurance Day followed by brunch *and Club Voting* on new Constitution
(Waterworld)

Welcome to our New Coach!

The Kingfishers Committee is very pleased to announce the appointment of Mark Priess as our new Coach.

Initially Mark will be coaching on Monday nights at the ARC. Please come along to show your support, meet Mark and see if he can encourage an enthusiastic start to your summer swimming events.

We would love each member to try to attend a group training session as their time permits – even once a month – this would enable members to reconnect with their teammates and enjoy regaining our fitness as the weather warms up.

Why not encourage your Kingfisher friends to get back to training and competition?

After a long cold winter, we all look forward to a wonderful summer of swimming.



If Mark seems familiar to you – it's because he is a member of the Otters and you may have seen him at MSSA events.

Training prizes

Members who have trained at least 6 times during a month will go into a draw to win a prize. There will be a draw for several months at the Endurance day so keep a look out if you think you could be a winner!

Come forward and collect your prize!



Meet Mark Priess

I started my swimming journey back in Darwin as a 10-year-old. I was fortunate enough to be involved with some great clubs with fantastic coaches and it is only now I realise why they were so good.

While swimming techniques have changed somewhat since then, their focus on “feel”, constant improvement and hard work are the key things I remember not to mention the 50 km “hell weeks” we did.

I drifted away from swimming during my university days here in Adelaide but did swim a little competing in SA States.

It wasn't until a friend at work suggested I come to the Dome and swim a few laps with the Master's that I rediscovered swimming.

What I came to realise was that it didn't matter your ability, how fast or slow, or what your age, Masters was about having a go and enjoying the experience.

The winter and summer pool meets and the ocean swims - there is always a new challenge.

For me the next challenge is to have a go at passing on some of the things I have learnt from my coaches and fellow swimmers.

Cheers,
Mark.



Meet Jenny Mulqueen

As a child, Jenny started swimming after learning in a free learn to swim campaign organised but the local swimming club. The pool manager lived on site and was also the club coach.

Any child who completed their 50 m certificate was asked by him to go home and ask your mum if you can join the swimming club. Jenny did just that and so her swimming career commenced.

The Broken Hill Swimming club was very strong, and Jen had good success with several age group championships, school championship and country championship representations.

Des and Jenny met at the club and became 'an item' so to speak when they were 15yrs old.

Des and Jenny married when they were 21.

Jenny stopped swimming for several years when she commenced nursing training, got married and had 3 children.

Jenny recommenced swimming when her children started swimming (with the same club she and Des swam for in Broken Hill) and there were some events for parents over 30 years of age.

Des and Jenny moved to Adelaide in 1981 due to Des's job and we didn't want the children to be dependent on the mines for employment.

Jenny started swimming at Clovercrest in their adult fitness group (where I met Eithne).

Jenny wasn't aware of Masters swimming until meeting Josie Sansom at the Payneham pool.

Josie was instrumental in getting Masters up and running here in Adelaide. Eventually Jenny joined Tea Tree Gully in the late 80s. Very soon she was on the committee where she stayed for 25years with a variety of positions. Jenny was very honoured to receive a life membership from the club.

Jen competed consistently over the years in Interclubs, Masters Games, National Championships and a World Games.

Jenny was a nurse in the prison health centre at Yatala for 16 years and has been retired for 17 years.

Meet Des Mulqueen

Des commenced swimming at around same time as Jenny. Des and Jenny swam for the same club, but Des had a different coach.

Des was a good freestyler and backstroker and had quite a bit of success as a young swimmer.

Des worked for Australia Post (originally the P.M.G.) - starting as a telegram boy and working through to Postal Manager with 40 years of service.

He transferred from Broken Hill to Adelaide on a promotion in 1981.

Des was on the Tea Tree Gully Amateur swimming club committee when our children swam with the club. During this time, he completed the Technical accreditation which led him to become a Starter. Des took on starting the Masters. He has had starting stints at 8 National Championships and a World Championship plus local and numerous Masters events all over SA and Alice Springs.

Des swam competitively for several years until a shoulder problem sidelined him.

Des is a life membership of the SA Masters branch.

He has been a driving force behind the Kingfishers Endurance 1000 success and continues to encourage our members to complete their Endurance 1000 goals.





Endurance 1000

Masters Swimming has decided not to continue with the Endurance 1000 program for the remainder of 2020.

Kingfishers have decided to continue with our Endurance program for the remainder of this year as a club activity.

Both (2) lanes will be used on the last Friday night and Saturday morning of the month at the ARC for endurance swims. When training at Waterworld resumes we will continue Friday nights there.

The next dates are the 25th and 26th September.

Training Passes and MVP's

As a result of the survey it was clear that Members wish to continue to be able to buy an MVP.

New passes will have 10 visits for \$90.00.

A 6-month pass for training sessions at Waterworld will be available for \$250.00. Details to follow as the Waterworld commencement date is finalised.

A Saturday Season Pass for the ARC is still being discussed.

All purchases are required to be made by bank transfer. No cash will be taken any longer.

Any Member of a Masters' Swimming Club is entitled to train with us at any session. There will be a "Guest Pass" available on the trolley so a guest swimmer or a single session can be paid for via bank transfer. The club bank account details are on these passes.

Endurance Day and Club Voting on New Constitution

On Sunday 15th November we encourage all members to come to Waterworld and start your day by completing an endurance swim – (only has to be 400m). This is an event we hold each year for Endurance swims but this year there is reason for everyone to join in.

Kingfishers will organise a brunch to follow your swim including bacon, eggs and pancakes!

Following brunch, the Club needs your support to pass our new Constitution. Several members of the committee have been working hard behind the scenes to develop the new Club Constitution and, in order to implement this change, we need 75% of members (swimming and social) to vote for it.

This new constitution will keep the Tea Tree Gully Kingfishers in line with the changes made by the State Branch, and National Office.

We'd like you to come along in person, but if you cannot attend please send in a Proxy vote. You will receive one of these via email from Jan Gill. Fill it in and return it to Jan with your vote. Jan is also happy to give you any further information on how to vote, so just ask her via email.

New Club Records

Well Done to the following people: -

Dale McDiarmid 50-54yrs 25 F/S 14.70 25 Back 18.79 25 Brst 19.43	Bernie Shears 60- 64yrs 100 IM 1.48.88 100 f/S 1.27.57
Eithne Mayton 65-69yrs 25 Brst 24.32 (split) 50 Brst 50.22	John Gamlen 70 -74yrs 25 Fly 18.05 (split)
Adele Goalder 75-70yrs 25 Back 28.11	Helen Haberfield 55-59yrs 100 Back 1.49.84

Health and Safety Issues

If Members have a health issue or injury that they feel our new Coach, Mark, should be aware of please inform him.

Karen Mentha is our Safety Officer so if you wish to have anything recorded please email karen.mentha@gmail.com

Sausage Sizzle Fundraiser

Everyone was happy to see the return of the Bunnings Sausage Sizzle!

Kingfishers were fortunate to be able to secure Sunday 9th August. It was very successful making \$664 profit.

Thanks to all who contributed.

We have no date for a second Sausage Sizzles yet but will let you know when we do. Hopefully you will be able to help. These really are fun events!

New Bathers and Caps

The committee has tagged Helen to oversee new caps and bathers. The new caps have been designed and bathers are getting close to being revealed.

Stay tuned – we will look great in new cossies for summer!



celebrate

Micks 50th Birthday

Sunday, 20 September 2020
at 12:00

**444 Yatala Vale Rd,
Yatala Vale**

*'Come and help me celebrate
my midlife crisis.*

*It will be an open house for
the afternoon/evening. BYO
drinks and a plate of food to
share. Just drop in whenever
you like and stay as long or
as short a time as you like.
Would love to catch up with
as many of you as can make
it'*

Last Minute Change

The BBQ/Picnic at Carisbrook is postponed due to an event that happened about 50 years ago.

At the time we didn't care about this event but now that there's a party involved it's become important!

For the bike riders – we will ride in the morning and then CELEBRATE Mick's Birthday in the afternoon!

Newsletter editors: -
Maddi Edgley Smith
and Bernie Shears

